

Bone Density(BMD) Screening report

Name AN_NM_18991230000000

PID AN_ID_18991230000000

Gender

Analysis results

**No significant
abnormalities found**

(T-score > -2.5)

T-score

-2.2

AI predict BMD

0.912

According to the World Health Organization (WHO) definition:

- **Normal Bone Mass (Normal):** T-score greater than or equal to -1.0. Continue consuming calcium, vitamin D, getting sunlight, and maintaining a healthy lifestyle and exercise habits.
- **Low Bone Density:** T-score between -1.0 and -2.5. Although not low enough to be diagnosed with osteoporosis, it is advisable to consume calcium-rich foods, take calcium supplements and vitamin D, get sunlight, and engage in moderate exercise.
- **Osteoporosis:** T-score equal to or less than -2.5. Further examinations or referrals may be needed. It is also important to avoid unhealthy habits and prevent falls to avoid fractures.

T-score

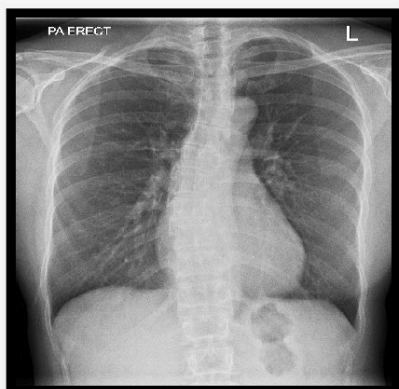
-3.0

-2.5

-1.0

-2.2

Date 10/10/2025



BMD

T-score

1.060

-1.0

0.880

-2.5

0.820

-3.0

20 30 40 50 60 70 80 90 100

Age